

Let's do Lunch

did you know?

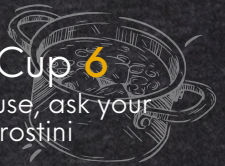
The word "chowder" is a corruption of the French for pot or cauldron – chaudière and chowder may have originated among fishermen who brought the custom to Newfoundland, from whence it spread to Nova Scotia, New Brunswick, and New England.

Seafood Chowder Full 12/Cup 7

seafood medley with carrots, celery, onion & potatoes simmered in perfectly seasoned cream to create an east coast favourite, served with garlic crostini

Chef's Soup of the Day Full 10/Cup 6

curated, seasonal selections, made fresh in house, ask your server for today's offering, served with garlic crostini



Prince Hotel Salad 11

mixed greens, cucumber, tomato, red onion & candied walnuts with your choice of dressing



Caesar Salad 14

fresh romaine, shaved parm, local bacon bits & house garlic croutons tossed in a house caesar dressing

Wings 16

1lb of hand dusted chicken wings served with your choice of sauce, fresh crudité & blue cheese or ranch dressing *mild, medium, honey garlic, bold BBQ or sweet thai chili



Quesadilla 15

choice of beef or chicken, sautéed onion, bell pepper & tomato, served with salsa & sour cream

did you know?

The Nova Scotia tartan was designed by Bessie Murray back in 1953 for the agricultural exhibition in Truro and is comprised of 5 colours: blue and white for the sea, greens for the forests, red for the royal lion on the Arms of Nova Scotia, and gold for the province's historic Royal Charter.

*please ask how we can modify your order as vegan, vegetarian or gluten free

Holdables

did you know?

Nova Scotia's Bay of Fundy is home to the world's highest tides. Twice a day, 160 billion tonnes of seawater flow in and out of the Bay of Fundy, creating one-of-a-kind adventures that literally can't be had anywhere else on earth!

Traditional Clubhouse 15

mayo, lettuce, tomato, local bacon, cheese & slow roasted turkey breast on choice of white or whole wheat



Steak & Pepper Sandwich 18

6oz seasoned steak, grilled red peppers & caramelized onions on a grilled ciabatta

Beef Dip 16

slow roasted, seasoned beef, thinly sliced & piled high on a garlic ciabatta

Chicken Pesto Parm 18

choice of breaded & seasoned crispy chicken or grilled chicken breast, house pesto, parmesan, local bacon, arugula, tomato & red onion, topped with house garlic aioli on a sweet brioche bun, plant based burger patty +2.5

did you know?

One of the most iconic sailboats in the country is also from Nova Scotia. The Bluenose, which was built in Lunenburg and is featured on the Canadian Dime, became one of the most famous racing sailboats in history.

Maple Bourbon BBQ 18

7oz local ground beef patty, caramelized in our house made local maple BBQ sauce, topped with local candied bacon, crispy jalapeño, white cheddar, romaine, tomato & red onion on a sweet brioche bun, plant based burger patty +2.5



*burgers are served with fries, substitute onion rings or sweet potato fries +2, side salad +3, baked potato +4 or shrimp skewer (5 pc) +8

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did you know?

Guglielmo Marconi sent the first wireless message from North America to Europe from Glace Bay, Cape Breton, on December 17th, 1902. Marconi chose this location because of the unobstructed view of the Atlantic Ocean.

Traditional Poutine 12

crispy fries smothered in house made gravy & cheese curds

Butter Chicken Poutine 14

crispy fries smothered with a generous portion of decadent butter chicken & cheese curds

Classic Fish & Chips 1 pc. 12/2 pc. 18

fresh atlantic haddock coated in our house made Coldstream Clear NS Lager batter & fried until golden, served with crispy fries, coleslaw & lemon

Mac 'n Cheese 14

mornay sauce made with four cheeses, prepared in house, & tossed with tender macaroni pasta, baked and topped with seasoned breadcrumbs & green onion, served with garlic crostini
add local bacon +5

Curry Rice Bowl 16

chicken & carrot in a yellow curry, served over coconut rice with grilled pita bread

Chicken Souvlaki 19

chicken souvlaki with romaine, tomato, cucumber, green pepper, red onion, olives & feta in a pita pocket, served with house tzatziki sauce

SIDES

herbed rice
crispy fries
baked potato
loaded baked potato +4
sweet potato fries +2
onion rings +2
side salads +3
shrimp skewer (5pc) +8

did you know?

Plenty of famous folks hail from Nova Scotia including Mega Award Winning Recording Artist Anne Murray, Hockey phenoms Sidney Crosby, Nathan McKinnon & Brad Marchand, singer Sarah MacLachlan, and Country Music Legend Hank Snow just to name a few.

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Desserts

crème brûlée

silky & decadent, vanilla custard topped with hardened, caramelized sugar **12**

did you know?

The Mi'kmaq are the founding people of Nova Scotia and remain the predominant Aboriginal group within the province. The Mi'kmaq nation has existed in what is now Nova Scotia for thousands of years, and is made up of thirteen Bands/First Nations.

panna cotta

light & chocolatey, sweetened cream dessert served with seasonal fruit **12**

seasonal fruit crumble

perfect any time of the year, warm, crunchy & cinnamon(y), served with ice cream **12**

double chocolate fudge cake

irresistibly moist chocolate cake, served with ice cream & dusted with flavoured powdered sugar **12**

bistro no-bake cheesecake



velvety, rich & tangy, served with fresh berry compote **12**

deep fried butter tart

lightly battered & served with whipped cream & vanilla ice cream **12**

Add coffee or tea for **2.75**

proudly serving local craft coffee from

aroma
maya

did you know?

Nova Scotia is the second smallest province in Canada in terms of total area with 52,942 square kilometres. However, Nova Scotia has 13,300 kilometres of coastline. No wonder they call it Canada's Ocean Playground! In fact, no point in Nova Scotia is more than 60 km from the ocean.

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BISTRO
on prime