

starters

WINGS

1lb of breaded chicken wings tossed in your choice of sauce with fresh crudité & blue cheese or ranch dressing (mild, medium, honey garlic, BBQ or sweet thai chili) 14

mozza sticks, deep fried pickles, nachos, deep fried mushrooms & onion rings served with spicy marinara sauce and garlic mayo dip 18

BARFLY PLATTER

BISTRO NACHOS crispy fried corn tortilla chips, three cheese blend, bell pepper, green onion, tomato & jalapeño, served with sour cream and pico de gallo 14 add beef or chicken for \$4

THAI MUSSELS ^(GW) steamed in a sweet chili cream sauce with fresh ginger & garlic, served with garlic ciabatta 13

CLASSIC MUSSELS ^(GW) steamed in garlic butter with white wine & green onion, served with garlic ciabatta 13

soups & salads

CAESAR fresh romaine hearts, house made caesar dressing, *croutons, bacon & parmesan ^(GW) Full 13/Half 7

SPINACH baby spinach, maple balsamic vinaigrette, mushroom, bacon, red onion, roasted walnuts, egg & goat cheese Full 13/Half 7

NOVA SCOTIA SEAFOOD CHOWDER salmon, haddock, mussels, shrimp & root vegetables 16

SOUP OF THE DAY made fresh daily, served with garlic ciabatta Bowl 9 Cup 6

burgers & sandwiches

served with fries & coleslaw or switch it up for \$2 more and choose from a half salad, sweet potato fries, onion rings or soup of the day instead.

B.Y.O.B.

charbroiled 8oz patty served on a grilled brioche bun with crisp romaine, tomato, red onion, dill pickle & mayo 14 Add cheddar, swiss, bacon, caramelized onion, roasted red pepper, mushroom or jalapeño for \$1 each

CLASSIC CHICKEN CLUB

lettuce, tomato, roast chicken, bacon & mayo on white or whole wheat or choose 2 slices of multigrain panini bread 14

CRISPY CHICKEN BURGER

crispy fried chicken breast, arugula, red onion, tomato, cheddar cheese & chipotle mayo 15

PESTO & GOAT CHEESE FLATBREAD

pesto, goat cheese, caramelized onion, roasted red pepper, arugula & balsamic reduction 15 ^(V)



Please be aware that all gluten wise meals are prepared in a kitchen shared with wheat and cross contamination could occur.

pastas

seafood medley & red onion tossed in a creamy garlic pesto sauce, served with garlic ciabatta **18** **SEAFOOD LINGUINE**

chorizo sausage, tomato sauce, grilled vegetables & fresh basil, served with garlic ciabatta **18** **SAUSAGE & GRILLED VEGETABLE PENNE**

classic lasagna prepared with rich bolognese, mozzarella cheese and layers of pasta, served with garlic ciabatta **14** **LASAGNA**

rice noodle, red onion, carrot, bell pepper, cabbage, fresh ginger & sweet chili sauce topped with fresh cilantro & lime dressing **14** add chicken \$4 **THAI BOWL**  

entrées

all entrées come with daily vegetables and choice of one additional side: garlic mashed, roasted baby reds or crispy polenta fries

10oz NEW YORK STRIPLOIN

house cut AAA certified angus beef served with daily vegetables **30**
add red wine demi-glace for \$2

RIBS 'N FRIES

slow cooked baby back pork ribs in house made BBQ sauce, served with crispy fries and coleslaw **23** sub sweet potato fries, onion rings or a half salad for \$2

ATLANTIC SALMON

pan seared salmon served with lemon & chive beurre blanc and daily vegetables **23**

CHICKEN SUPREME

lemon & herb brine, spring vegetable succotash, fresh herbs and vegetable broth **22**

BEER BATTERED FISH 'N CHIPS

battered and fried until golden brown, served with crispy fries, lemon and coleslaw 1pc **12**, 2pc **15** sub sweet potato fries, onion rings or a half salad for \$2

KIDS' MENU

all kids' meals served with choice of veggie sticks or fries and includes a small pop or juice & a scoop of ice cream **10**

MAC 'N CHEESE

GRILLED CHEESE

KIDS' CHEESEBURGER

CHICKEN FINGERS

KIDS' PIZZA (CHEESE OR PEPPERONI)