## **BREAKS**

## à la carte (per person)

| assorted muffins fresh baked cookies scones with butter & jam assorted snack bars low fat yogurt packaged cheese portions snack plate (fruit/cheese/crackers) assorted whole fruit assorted ice cream treats potato chips yogurt parfaits | 3<br>2.5<br>3.5<br>3.5<br>3.5<br>3.5<br>4<br>3.5<br>8 |
|---|---|
| gluten free muffins<br>gluten free brownies<br>gluten free lemon loaf<br>gluten free cookies<br>flourless chocolate torte   | 8<br>8<br>8<br>6<br>12                                |
| bottled juices bottled water specialty water assorted soft drinks fresh brewed coffee & tea chocolate milk 2L   | 3.5<br>3.5<br>4.5<br>3.5<br>2.5<br>10                 |



muffin, cereal bar, whole fruit, bottled juice & low fat yogurt

## BOXED LUNCH TO-GO 16 per person-minimum order of 10

assorted sandwiches, whole fruit, sweet treat, bottled water, low fat yogurt & bag of chips

add an extra sandwich or salad for +4 GF bread option +2.5



