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# **BREAKS**

## à la carte (per person)

assorted muffins fresh baked cookies scones with butter & jam assorted snack bars low fat yogurt packaged cheese portions snack plate (fruit/cheese/crackers) assorted whole fruit assorted ice cream treats potato chips yogurt parfaits	3 2.5 3.5 3.5 3.5 3.5 4 3.5 8
gluten free muffins gluten free brownies gluten free lemon loaf gluten free cookies flourless chocolate torte	8 8 8 6 12
bottled juices bottled water specialty water assorted soft drinks fresh brewed coffee & tea chocolate milk 2L	3.5 3.5 4.5 3.5 2.5 10



muffin, cereal bar, whole fruit, bottled juice & low fat yogurt

## BOXED LUNCH TO-GO 16 per person-minimum order of 10

assorted sandwiches, whole fruit, sweet treat, bottled water, low fat yogurt & bag of chips

add an extra sandwich or salad for +4 GF bread option +2.5





# BREAKFAST

\*minimum 15 people-all selections served buffet style with fresh brewed coffee & tea, priced per person

#### **MAPLE DELIGHT** 16

homemade waffles, maple syrup, crisp bacon, breakfast sausage, home fried potatoes, assorted juice

#### **HOT START** 18

fresh fruit salad, toast, crisp bacon, breakfast sausage, scrambled eggs, home fried potatoes, assorted juice

# LUNCH SELECTIONS

\*minimum 15 people-all selections served buffet style with fresh brewed coffee & tea, priced per person

#### **WORKING LUNCH** 18

soup of the day, ham & swiss OR roast beef & cheddar on ciabatta \*choice of white, multigrain and a tuna OR chicken salad wrap \*choice of white, whole wheat, potato chips, pickles, cookies or squares \*substitute GF bread +2.5, evening service +4

#### CHILI 18

a hearty classic house made chili, fresh garden salad, w/choice of two dressings, tortilla chips, fresh rolls, cookies or squares

### CHARBROILER (burger 22, chicken 24, steak 28)

fresh garden salad, w/choice of two dressings, choose one of the following: 6oz. house made charbroiled cheeseburger 8oz. charbroiled chicken breast

7oz. charbroiled steak

etchup, mustard, relish, lettuce & tomato served on the side, cookies or squares

#### **ITALIAN** 20

house made four layer meat lasagna, caesar salad, garlic bread sticks & dessert \*or choose vegetarian lasagna

#### GREEK 20

greek salad, grilled chicken souvlaki, house made tzatziki, pita bread, greek rice, lemon tarts \*or choose grilled tofu souvlaki

#### **ASIAN** 20

orange ginger teriyaki OR honey ginger stir fry \*sauces made in house (choose chicken, beef or tofu) steamed rice, cookies or squares

#### **BBQ CHICKEN 24**

bbq 1/4 chicken or full chicken breast & roasted potatoes, fresh garden salad w/choice of two dressings, cookies or squares

### BBQ RIBS 26

bbq fall-off-the-bone baby back ribs & potato wedges, caesar salad, cookies or squares



All food & beverage items are subject to 17% gratuity and 15% tax. Prices subject to change without notice.

# **BUFFET DINNER SELECTIONS**

\*minimum 25 people



Dinner includes Chef's Choice of 4 fresh salads, seasonal vegetables, roasted or mashed potatoes-priced per person

CHOICE OF ONE ENTRÉE

#### ADDITIONAL ENTRÉE SELECTIONS & COMBINATIONS AVAILABLE

whole roasted turkey 35 roast beef 35 bone-in leg of ham 32 pork loin 32 blackened haddock 37 rosemary roasted lamb 38

layered meat lasagna + 9 medallions of chicken + 8

montréal smoked meat + 9 blackened haddock + 13

rosemary roasted lamb + 13

bbg baby back ribs + 15

\*prime rib available upon request at market price

All buffets include baked rolls, fresh brewed coffee & tea and a variety of desserts

# SERVED DINNER SELECTIONS

All entrées served with baked rolls, fresh brewed coffee or tea and a variety of desserts

### CHOICE OF **ONE STARTER**

Chef's soup of the day roasted beet salad caesar salad fresh garden salad

### **CHOICE OF** ONE ENTRÉE

roast turkey 37 roast beef 37 seared chicken supreme 35



# BUTLERED HORS D'OEUVRE

## **PLATTERS** \*priced per person

CHEESE 8 FRUIT 8 **VEGETABLE 6** DELI 8 SANDWICHES 7



grazing charcuterie picks 24 asstd sliders-pork, beef & blackened chicken 36

bacon wrapped scallops 36

deep fried pickles w/garlic mayo 22

mozza stickś w/marinara 29

assorted pinwheel sandwiches 22

salmon crostini w/cream cheese 36 salmon on cucumber w/goat cheese 39

mini taco bites 32

teriyaki meatballs 32

brothers fried pepperoni 32 fresh bruschetta 32

mini vegetable spring rolls 30

chicken wings (choice of sauce) 11b 22



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